



## Tips for Creating Your Special Care Blanket Donation

Hi. Thanks for joining us! We appreciate you being part of the AdventHealth Centra Care – *Care Blanket* team. We are excited to begin preparing to help those in need in our community when Winter arrives this year. Not only are you giving back, but we should all have a great time working together for this cause. If you do not know how to crochet, but would like to know, please give us a call. We will be happy to work with you to host a learning event at your office or a community location.

### Tips to guide you through our process:

- We recommend certain sizes, mainly for continuity as we hand out the blankets. **4' x 5' or 4' x 6' for a full-size blanket. (Adults) or 4' x 3' size for a lap-size blanket. (Children/Laps)** If you are more comfortable making something smaller, please feel free to donate those as well. In fact, we have several people simply making 6" squares, so that we can collect those and have our crochet instructors can stitch them together to make a full blanket.
- Use any type of yarn for this project. There are so many options and all are acceptable: Acrylic, Cotton, Wool, Bamboo, Rayon, or a blend.
- Please don't smoke while you're creating your blanket. The yarn or cloth might pick up smoke odors which may not be well tolerated by some people.
- It is a good idea to put the blanket in the dryer on "fluff" for a few minutes prior to delivering it, to make everything nice and fresh.
- Blanket Tags: We've created a special *Care Blanket* tag to make this gift even more special. The initial tag is included in this packet. Once your blanket(s) creation is complete, please write your first name in the space provided. Remove the back covering and then it can be ironed onto a corner of your blanket. If the type of yarn you are using shouldn't be ironed, feel free to sew it on instead.

**Beginning on May 1<sup>st</sup> and through the end of the year, you can drop off your blanket(s) creation at any of the 50+ convenient AdventHealth Centra Care locations. They are open 7 days a week.**

All of the addresses of these locations across Florida can be found on the website at: <https://centracare.adventhealth.com/urgent-care/find-a-location>

**855-CozyCare (855-269-9227)**  
**CareBlankets.org**